

How do you *decide* who does your *Functional Capacity* Evaluation?

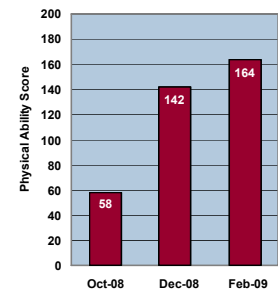


Experience matters.

When looking for an evaluator, what questions do you ask? How do you decide? Since functional limitations can have such a direct impact on an individual's ability to be independent, it is critical that these spine and extremity limitations are appropriately identified. For meaningful reports and recommendations, experience really does matter. As a leader in comprehensive rehabilitation, **SpineOne has the experience you need.**

SpineOne's Functional Capacity Evaluation includes:

- EPIC Lift Capacity – Scientifically validated protocol
- Multidimensional Task Ability Profile – functional objective measurement
- Assessment of Activities of Daily Living – relationship to AMA Impairment Rating
- Complement AMA Impairment Rating (WCAB – En Banc Almarez-Guzman)
- Determine loss of work and self-care capacity.
- Adjunct to complex Med-Legal Evaluations (AME, IME and QME)
- Meets ADA and Daubert legal standards
- Feedback on Perceived Ability, Reliability and Cardiovascular Rating
- Experienced Evaluator providing objective feedback in summary report



Example Metrics

Physical Demand Level	Occasional 0-33% of the workday	Frequent 34%-66% of the workday	Constant 67%-100% of the workday	Typical Energy Required
Sedentary	10 lbs.	Negligible	Negligible	1.5 - 2.1 METS
Light	20 lbs.	10 lbs.	Negligible	2.2 - 3.5 METS
Medium	20 to 50 lbs.	10 to 25 lbs.	10 lbs.	3.6 - 6.3 METS
Heavy	50 to 100 lbs.	25 to 50 lbs.	10 to 20 lbs.	6.4 - 7.5 METS
Very Heavy	Over 100 lbs.	Over 50 lbs.	Over 20 lbs.	Over 7.5 METS

Please contact SpineOne or Dr. Darrell Bruga directly (DBruga@spineonemed.com) to learn more about SpineOne's Functional Capacity Evaluation. We are committed to helping individuals *get back*. Get back to mobility. Get back to function. *Get back to life.* That's what we do at SpineOne, one client at a time.

